



P.O. Box 475
Abingdon, MD 21009
443.528.7793
ctrchanginglives.org

**Attention Active Adults 55+!
Chesapeake Therapeutic Riding
Introduces**

Saddle Club at CTR

Horseback riding lessons on CTR's gentle horses

\$30 per lesson
for ages 55+

(Lessons are billed in sessions of 2 to 5 weeks of lessons, depending on CTR's Session Calendar)

Two choices for lesson times available on Wednesdays

9:30 a.m. to 10:45 a.m.

11:00 a.m. to 12:15 p.m.

(CTR will add additional days and times as interest warrants)

4 people minimum per lesson – 5 people maximum

Participants will learn basic horsemanship skills: grooming, tacking, untacking, horse care, as well as riding lessons (riding helmets **MUST** be worn and are provided by CTR)

Since 2003, CTR has provided therapeutic riding lessons, hippotherapy, Equine Assisted Learning, Equine Experiences, and Horse Powered Learning to children and adults with special needs, veterans, senior citizens, and at-risk youth. For more information, please visit our website at www.ctrchanginglives.org.



Saddle Club
Lesson Interest Form
Please complete and mail original to:
CTR
P.O. Box 475
Abingdon, MD 21009

Name: _____

Street Address: _____

City/State/Zip: _____

Home Phone: _____ Work Phone: _____

Cell: _____ Email: _____

Birthdate: _____ Height: _____ Weight: _____

Allergies or Health Concerns: _____

Mobility Status: _____ Independent _____ Needs Assistance _____ Dependent

Equipment: _____

Describe any past experience with horseback riding or horses in general: _____

Are you available now? **Y/N** _____ If no, when? _____

How did you hear about CTR? _____

Printed Name: _____ Date: _____

Signature: _____

Thank you! We will contact you once your form has been received.